



descubreRota

Delegación de Promoción Turística

# A **ctivities** *in Rota*

#discoverRota

From 15th to 30th April 2022



## THE ACTIVITIES LISTED IN THIS GUIDE WILL BE SUBJECT TO THE CONDITIONS IN THE CURRENT SITUATION

The information contained in this guide has been provided by the different entities. The Municipal Tourism Office is not responsible for possible changes that may occur without being notified.

## CULTURAL ACTIVITIES

### ◆ IX COLLECTIVE EXHIBITION OF VISUAL ARTS “FOR THE LOVE OF SARTRE”

Opening: Sunday 10th April.

Date: from 10th to 24th April.

Timetable: from 10.00 to 13.30h and from 20.00 to 22.30h

Place: Charco exhibition room. Charco Street, 8

Participants:

J. M. Estévez

Julio Malvido

José Malvido

Romina Messina

Leopoldo Almisas

Concha Jiménez

Juan Manuel Caballero

### ◆ VI SOLIDARY RACE “MARÍA SOLIDARIA”

Date: 24th April.

Adults exit: 10.30 h from Salesianas School.

The exit of lower categories will be later.

Registration: [sesca.es](http://sesca.es)

Price: 2 kg of food + 9 € adults/ 2 € children category

Itinerary: Salesianas School, Príncipes de España Avenue, Costilla seafront promenade, Salesianas School.

### ◆ II SEVILLANAS DANCE CONTEST “ROTA VILLAGE”

Organized by Laura Pirri's Cultural Association of Performances.

Date: 23rd April.

Delivery of numbers: from 12.00 to 13.00h

Place: Manuel Sánchez-Romero Stadium.

### ◆ I CONTEST DRESSAGE RIDERS “CIUDAD DE ROTA”

Day: 30th April

Time: 12:00pm

Place: Municipal Horse School “Francisco de Paula Ortega García”

### ◆ SECOND HAND MARKET

Date: Every Sunday

Timetable: from 8.30am to 2pm

Place: Next to the bus station (provisionally)

Organized by Rastrillo de Rota Association

### ◆ ONE-TIME WORKSHOPS

#### INTENSIVE COURSES OF SEVILLANAS WITH OFELIA MÁRQUEZ

-9th April: from 12pm to 1.30pm.

-23rd April: from 12pm to 1.30pm.

-24th April: from 12pm to 1.30pm.

Information: [ofemar43@hotmail.es](mailto:ofemar43@hotmail.es)

Tel: 671859481

[www.ofeliamarquez.es](http://www.ofeliamarquez.es)

## ◆ COURSES AND WORKSHOPS

### MUSICAL NURSERY SCHOOL DO-RE-MI

Workshop for children from 3 to 7 years old.  
Timetables: Mondays, Tuesdays and Wednesdays from 6pm to 7.30pm.  
Registration in Culture Department.

### HANDICRAFTS WORKSHOP "LA MURUBE LABORATORY ART"

Days: from Monday to Friday.  
Timetable: from 5pm to 7pm.  
1 session in a week: 32 € monthly.  
Registration: 655 341 717  
LaMurube Art-Lab / 1, Catavino de Oro Avenue, local 1.

### PADDLE AND TENNIS SCHOOL "ADISPORT"

October 2021-June 2022  
Psychomotor skills program applied to paddle and tennis.  
Initiation and improvement program (7 to 16 years old).  
Competition Program.  
Adults program (initiation, medium and improvement).  
Adapted physical preparation.  
Organization of complementary activities.  
Individual and group lessons and match organization.  
School with 20 years old in experience.  
**Padel:** Pozo Nuevo School and Club Bahía de Cádiz  
**Tennis:** Municipal Sport Area and Hotel Playa de la Luz  
Timetable: morning and evening from Monday to Saturday.  
Registration: 666332717 / 615605417

### "POZO NUEVO" SPORT VILLAGE 2021/22

Basketball.  
Skating since (6 years old)  
Multisport.  
Football.  
Registration: conchitamoya15@gmail.com / alberto.heredia@hotmail.es  
Tel: 672 291 621 / 665 372 077

### OKINAWA ASSOCIATION SHORIN RYU SHIN SHU KAN CHIBANA SCHOOL

#### KARATE Y KOBUDO CLASSES FOR CHILDREN

Days: Monday, Wednesday and Friday from 6 years old.  
Tuesday and Thursday from 5 years old.  
Place: Sport Area "José Pino Mengual" Jesús Ferris Marhuenda Square, near Feria place.  
Registration: shorynyurota@gmail.com / Tel: 646 016463 ó 652 875234

#### FULL CONTACT CLASSES

Days: Tuesday and Thursday from 13 years old.  
Registration: shorynyurota@gmail.com / Tel: 646 016463 ó 652 875234

### MUNICIPAL SAILING SCHOOL "THERESA ZABELL"

Saturdays and Sundays and from 10am to 2pm.  
Information: Sport Department.  
Tel: 956840010 / 956012675  
E-mail: deporte@aytorota.es

### PILATES + STRECHING

"Club de Ocio y Tiempo libre Recreativo de Rota" Association.  
Days: Monday, Wednesday and Friday.  
Timetable: 10.30h y 18.00h.  
Place: Campo de Fútbol la Roteña y Colegio Pozo Nuevo.  
Info: 677 172 261

### PILATES WORKSHOP

Days: Tuesday and Thursday.  
Timetable: from 9.30am to 10.30am.  
Place: "Centro Cultural Casino Roteño", Charco Street.  
Info: 659 184 094 / 600 345 209

### **PILATES CON ARANTZAZU ONAINDIA**

#### **YOGA CANDOR**

Days: Friday at 7pm.

Information: Chus Rojo. Tel: 662 390 177

@yogacandor

### **STRONG NATION**

"Club de Ocio y Tiempo libre Recreativo de Rota" Association.

Days: Tuesday and Thursday.

Time: 6.30pm.

Place: "Pozo Nuevo" School.

Info: 677 172 261

### **ZUMBA KIDS**

"Club de Ocio y Tiempo libre Recreativo de Rota" Association.

Days: Tuesday and Thursday.

Time: 5pm.

Pili Piluk. Tel.: 677 172 261

### **ZUMBA**

Days: Monday, Wednesday and Friday at 9:15am and 7:15pm

Place: "Roteña" soccer field and School Pozo Nuevo

Pili Piluk. Tel.: 677172261

### **SPORT DIVING COURSE "CAPITÁN GARFIO"**

Duration: all year.

The course includes didactic material, federative license and insurance, theoretical and practical courses in swimming pool and sea, diving equipment.

Age: from 14 years old and knowing to swim.

TEL: 661576761 / 658693181 / 695282176

### **MASTER CLASS "CAJÓN FLAMENCO"**

Paco Vega

Place: "Blanca Lucía Guitarras" Store. Barroso Square.

### **FLAMENCO GUITAR COURSE. ISMAEL HEREDIA**

Online and on-site

All levels and for all ages

Information: herediaguitarra@gmail.com Tel. 680191851

### **FLAMENCO LESSONS OFELIA MÁRQUEZ**

Flexible schedules.

For kids and adults.

Place: "Ofelia Márquez Academia con Arte".

4, Albert Einstein Street.

Reservations: Tel. 601 98 40 61

[www.ofeliamarquez.es](http://www.ofeliamarquez.es)

### **DANCE CLASSES YVONNE TRIGO EARLE**

#### **Course 2021/2022**

#### Ballet

Tuesday and Thursday from 5:15pm to 6:15pm (from 3 to 5 years old)

Tuesday and Thursday from 6:15pm to 7:15pm (+ 6 years)

#### Flamenco

Wednesday and Friday (children) from 4pm to 5pm

Wednesday and Friday (adults) from 5pm to 6pm

#### Flamenco lessons (in Spanish and English)

Wednesday from 11am to 12pm

#### SEVILLANAS

Days: Tuesday and Thursday.

Timetable: from 7.15pm to 8.15pm.

Information: 684 34 12 37

### **GROUP CLASSES WITH ANASTASIA BORISOVA**

#### **HEELS DANCE – EXOTIC FLOOR WORK**

Place: Scorpion Gym.

Monday & Wednesday from 10am to 11am

Info: 655368206 @bailesrota

### **STRETCHING CLASS**

Place: Scorpion Gym.

Monday from 10am to 11am & another day in the afternoon

Info: 655368206 @bailesrota

### **AEROBIC RUMBA**

Time: Monday at 10:30am and Friday at 10am

Place: Gym Scorpion. 23, Orfebre Street

Dance: salsa, *merengue*, *bachata*, *cumbia* and more Latin dances.

Paola Ortiz. Telephone 693255284

### **SALSA AND BACHATA LESSONS. ÁLEX GARCÍA**

Medium level course

Day: Mondays

Timetable: from 9pm to 10pm (*salsa*) and from 10pm to 11pm (*bachata*)

Beginners' course

Day: Tuesdays

Hours: from 9:00 pm to 10:00pm (*salsa*) and from 10:00pm to 11pm (*bachata*)

Place: unnumbered Pizarro Street (Puntas Vela soccer field)

Mandatory reservation limited capacity

Telephone: 661987333

### **BATUCADA**

By Victor Santamaría

Day: Thursday

From 8.30pm to 10.30pm

Place: near to "chiringuito Sol y Luna" in Costa Ballena.

Information: [ketetumba@hotmail.es](mailto:ketetumba@hotmail.es)

Facebook: [ketetumba samba](https://www.facebook.com/ketetumba.samba)

Tel: 657 226 531

### **◆ YOGA CANDOR**

Yoga workshop.

Vélez de Guevara Street. 9.

Web: [www.yogacandor.es/](http://www.yogacandor.es/) @yogacandor / @yogaenrotaconchus

E-mail: [chus@yogacandor.es](mailto:chus@yogacandor.es)

From 8:15am to 10am.

Chus: 662.390.177

**YOGA IN ROTA WITH CHUS** for Children, Adults, Partners, Families Old people.

HATHA Yoga, VINYASA Yoga, Yoga PREGNANCY and POST-PREGNANCY Yoga restorative, Yoga in FAMILY, Yoga NIDRA, RELAX, MEDITATION y MINDFULNESS.

\* YOGA ON LINE \*

### **YOGA NIDRA (MEDITATION AND RELAXATION)**

Days: Friday and Saturday.

From 10am to 11.30am.

### **OTHER WORKSHOPS ON SATURDAYS: FROM 11:30am to 1.30pm**

INITIATION YOGA

VINYASA YOGA

### **AYURVEDICOS MESSAGES**

It's necessary to book in advance

### **YOGA FOR CHILDREN WITH ARANTZAZU ONAINDIA**

Music and movement.

From 2 to 12 years old.

### **PILATES WITH ARANTZAZU ONAINDIA**

Friday at 7pm

More information: Chus 662 390 177

## YOGA WORKSHOP "EOM YOGA"

Ashtanga Yoga

Place: Eom Yoga. Calvario Street, local 14-16

It is mandatory to reserve in advance. Tel. 600483640

## ◆ GUIDED TOURS LUNA CASTLE

Day: Saturdays.

Time: 1pm.

Price: 2€ adults / 1€ children.

**It is essential to book in advance.**

Tel. 956 84 63 45 / 956 84 13 52 or by the email: turismo@aytorota.es

## ◆ OPENING HOURS OF THE MONUMENTS

### MUNICIPAL PALACE CASTILLO DE LUNA



From Monday to Friday from 8am to 3pm and from 5.30pm to 9.30pm. Saturdays and Sundays from 10am to 2pm and from 5pm to 9pm.

Address: 2, Cuna Street

### NTRA. SRA. DE LA O CHURCH



Timetable: Monday from 10am to 1pm and from 6.30pm to 8pm. Tuesday and Sunday from 8am to 1pm and from 6.30pm to 8pm

Address: Bartolomé Pérez Square

### NTRA. SRA. DE LA O CHURCH MUSEUM

Wednesday and Friday from 11am to 1pm. Sundays and holidays 11am to 1pm.

Saturdays 7pm to 8:30pm

### SAN JUAN BAUTISTA CHAPEL



From Monday to Friday from 11pm to 1pm and from 6pm to 8pm.

Saturday: from 10am to 1pm.

Address: Andalucía Square.

### SAN ROQUE CHAPEL



Provisional timetable because of the works in the church:

From Monday to Friday from 6pm to 8pm.

Saturdays from 10am to 1pm

Address: San Roque Square.

### BOTANICAL GARDEN CELESTINO MUTIS

From Friday to Sunday: from 10.00am to 2pm and from 4pm to 6.30pm

Monday closed.

## ACTIVITIES IN COSTA BALLENA

### ◆ SURF LESSONS "CLUB SURF EDUCA"

Surf, Surf Pro, surf rentals

Place: La Ballena Beach. Peña del Águila Street, Costa Ballena (next to the Beach Bar *Sol y Luna*)

Registration: info@clubsurfeduca.com. Tel. 619743800

Facebook: Club Surf Educa

### ◆ GOLF LESSONS COSTA BALLENA OCEAN GOLF CLUB

Days. From Wednesday to Sunday.

Timetable: from 9am to 1pm and from 4pm to 7pm.

Tel. contacto: 956 84 70 70

### ◆ YOGA

#### YOGA CANDOR

AA.VV. Río Albero (above the Mercadona in Costa Ballena).

La Ballena Avenue (Costa Ballena).

Web: www.yogacandor.es / @yogacandor / @yogaenrotaconchus

E-mail: chus@yogacandor.es

Tuesday and Thursday at 10am.

Saturdays alternates at 10am.

Tel. information 662.390.177

**YOGA IN COSTA BALLENA WITH CHUS** for Children, Adults, Partners, Families Old people.  
HATHA Yoga, VINYASA Yoga, Yoga PREGNANCY y POST-PREGNANCY Yoga restaurative, Yoga in FAMILY, Yoga NIDRA, RELAX, MEDITATION y MINDFULNESS.

\* YOGA ON LINE \*

**MASSAGE "AYURVEDAS"**

Skull, Face and Back.

**YOGA WITH SATCHIT ANANDA ASSOCIATION**

Days: Monday and Wednesday.

Timetable: 9.30am to 11am and 7.30pm to 9pm

Place: Costa Ballena.

Tel: 656 991 754

**YOGA WITH ROCÍO ATIENZA**

Group lessons for adults, children and old people.

Days: Mondays and Wednesday from 9.15am to 10.45am and from 7.30pm to 9pm.

Place: Río Albero Association Room (above the supermarket Mercadona in Costa Ballena)

Ask for price and timetable

Information: Rocío Atienza 656991754

**PERSONALIZED THERAPEUTIC WITH ROCÍO ATIENZA**

It is compulsory to book in advance.

More information: Rocío Atienza 656991754

**YOGA ON-LINE ROCÍO ATIENZA**

Information Rocío Atienza Tel. 656 991 754

◆ **COSTA BALLENA TOURISM OFFICE**  

Next to the Bus Station. Juan Carlos I Avenue.

Tel. 956 84 70 10 or by mail: [oficinaturismocostaballena@gmail.com](mailto:oficinaturismocostaballena@gmail.com)

From Monday to Friday from 10am to 2pm.

◆ **ROTA TOURISM OFFICE**  

Merced Tower. 10, Compás del Convento Street

Tel.: 956 84 63 45

From Monday to Saturday from 10am to 2pm and from 5pm to 7.30pm.

Saturdays from 10am to 1pm

E-mail: [turismo@aytorota.es](mailto:turismo@aytorota.es)

[www.aytorota.es](http://www.aytorota.es) - [www.descubrerota.com](http://www.descubrerota.com)



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